Bambalam



Count: 64 Wall: 2 Level: Phrased Easy Intermediate

Contra

Choreographer: Rick Dominguez (USA) & Jonno Liberman (USA) - February 2020

Music: Get Ready (feat. Blake Shelton) - Pitbull : (Album: Libertad 548)



Dance begins after 32 counts - AABBCCD AABBCCD AABBCCCD ABCD No Tags or Restarts

A [1-8] 1/8 Heel Grind, Heel Switches, 1/4 Heel Grind, Heel Switches (12:00)		
1, 2	Step R heel forward, Turn 1/8 right as you step L to left (finish facing right diagonal)	
&3&4	Step R next to L, Touch L heel forward, Step L next to R, Touch R heel forward	
&5, 6	Step R next to L, Step L heel forward, Turn 1/4 left as you step R to right (finish facing left diagonal)	
&7&8	Step L next to R, Touch R heel forward, Step R next to L, Touch L heel forward	

A [9-16] 1/4 Heel Grind, Heel Switches, Ball, Slide, Heel Split x2 (6:00)

&1, 2	Step L next to R, Step R heel forward, Turn 1/4 right as you step L to left (finish facing right diagonal)
&3&4	Step R next to L, Touch L heel forward, Step L next to R, Touch R heel forward
&5, 6	Step R next to L, Step L diagonally to 1:30 as you turn to face 6:00, Step R next to L Partners should pass each other face to face, finish facing each other
&7&8	With feet together move both heels out, Bring both heels back to center, Move both heels out, Bring both heels back to center (there's no place like home!)

B [1-8] Side Rock, Recover, Crossing Triple, Side Rock, Recover, Crossing Triple (12:00)

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1, 2	Step R to right, Recover onto L		
3&4	(slightly facing left diagonal) Cross R over L, Step L to left, Cross R over L		
5, 6	Step L to left, Recover onto R		
7&8	(slightly facing right diagonal) Cross L over R, Step R to right, Cross L over R		

B [9-16] Side Rock, Recover, Crossing Triple, Paddle x3, Stomp (6:00)

1, 2	Step R to right, Recover onto L
3&4	(slightly facing left diagonal) Cross R over L, Step L to left, Cross R over L
5, 6	(square up to 12:00) Touch L to left, Turn 1/4 right as you touch L to left (3:00)
7, 8	Turn 1/4 right as you touch L to left (6:00), Stomp L next to R (taking weight on L)

C [1-8] Stomp, Hitch, Coaster Step, Stomp, Hitch, Coaster Step (12:00)

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1, 2	Stomp R forward, Hitch R
3&4	Step R back, Step L next to R, Step R forward
5, 6	Stomp L forward, Hitch L
7&8	Step L back, Step R next to L, Step L forward

C [9-16] 1/2 Pivot x2, Out-Out, In-In, Out-Out, Clap Clap (12:00)

1, 2	Step R forward, Turn 1/2 left taking weight on L (6:00)	
3, 4	Step R forward, Turn 1/2 left taking weight on L (12:00)	
&5&6	Step R out, Step L out, Step R in, Step L in	
&7&8	Step R out, Step L out, Clap hands twice for &8	

D [1-8] 1/4 with C Bumps, 1/2 with C Bumps (3:00)

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1, 2	Turn 1/4 left as you step I	R to right to face partner (9:00) and bump R hip up, Bump R hip
	down	

3, 4 Bump R hip up, Bump R hip down

- 5, 6 Turn 1/2 right as you step L to left, dancing back to back with partner (3:00) and bump L hip up, Bump L hip down
- 7, 8 Bump L hip up, Bump L hip down

D [9-16] R Step 1/4, Drop, Put Your Hands Up (6:00)

- 1-2 Turn 1/4 right as you step R to right to face partner again, finishing with weight on both feet (6:00), Hold
- 3, 4 Drop yourself down (as low as you're comfortable going), Bring it back up
- 5&6 Bring R hand toward L shoulder, Bring L hand toward R shoulder, Throw one or both straight

up in the air

7-8 Leave hands up and relax hands as you shimmy, shake your hips, wiggle your butt, or

anything similar (you'll hear Pitbull say, "Now Shake")

Phrasing Notes:

AABBCCD - AABBCCD - AABBCCCD - ABCD

A is always two times in a row except for the last pattern. You'll finish the first A in your partners spot and the second A back where you started. Make sure you slide face to face with your partner.

B is always two times in a row except for the last pattern. You'll finish the first B back to back and finish the second B facing your partner again. Partners should be moving opposite directions, not mirroring. B will likely finish with partners in windows instead of directly face to face. This is OK and encouraged.

C is at least two times in a row except for the last pattern. There will be an extra C on the third pattern. During the third pattern, you'll hear Pitbull say, "Everybody say 'HEY!". We encourage you to shout, "HEY!"

D is always one time. You'll finish on the opposite side and start a new pattern.

On the fourth pattern, you'll only dance each section once. You'll switch with your partner on A. You'll end up with a new partner (or dancing to the walls) at the end of B. C will stay with your new partner. D will switch with your new partner. It's a little chaotic and a whole lot of fun...BAMBALAM!

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