&CROSS LEFT, STEP RIGHT, & CROSS RIGHT, STEP LEFT, & CROSS LEFT, STEP RIGHT, UNWIND ½ LEFT
&1  Step on the ball of the right foot behind the left heel, and cross the left foot over the right.
2  Step right with the right foot.
&3  Step on the ball of the left foot behind the right heel, and cross the right foot over the left.
4  Step left with the left foot.
&5  Step on the ball of the right foot behind the left heel, and cross the left foot over the right.
6  Step right with the right foot.
&7  Step on the ball of the left foot behind the right heel, and cross the right foot over the left.
8  Pivot ½ turn to the left on the balls of both feet. (keeping weight on the left foot)

RIGHT KICK & HEEL, STEP TOGETHER, TURN ¼ RIGHT, LEFT KICK-BALL-TOUCH, HOLD, CLAP-CLAP
1  Kick the right foot forward.
&2  Step back on the right foot and tap the left heel
&3  Draw the left foot slight back and step. Touch the right toe next to the left foot.
4  Pivot ¼ turn to the right, taking weight on the right foot.
5  Kick the left foot forward
&6  Step left foot next to right, touch the right toe next to the left foot
7  Hold for one count.
&8  Clap hands, twice.

HIP BUMPS (RIGHT RIGHT-LEFT LEFT) WALKING KNEE KNOCKS (RIGHT LEFT RIGHT LEFT)
1-2  Step right with the right foot and push hips to right twice.
3-4  Shift weight to left foot, push hips to left, twice
5-8  The next four counts--walk forward right-left-right-left while knocking knees together. If you smiled, you're doing it right!

STEP RIGHT, SLIDE LEFT. STEP LEFT, SLIDE RIGHT. STEP RIGHT, SLIDE LEFT. STEP LEFT SLIDE RIGHT, ½ WAY
1-2  Step right with right foot. Slide/touch left toe behind right heel.
3-4  Step left with the left foot. Slide/touch right toe behind the left heel.
5-6  Repeat 1-2
7-8  Step left with the left foot. Slide the right toe only half way to the left foot.

REPEAT