

# COASTIN'

**Count:** 40    **Wall:** 4    **Level:** Beginner / Intermediate

**Choreographer:** Ray & Tina Yeoman

**Music:** Lord Of The Dance by Ronan Hardiman

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## **WALK RIGHT, LEFT, KICK RIGHT, COASTER, KICK BALL CHANGE**

- 1-2            Step right forward, step left forward
- 3-4            Kick right forward, step right back
- 5&6           Step left back, step right together, step left forward
- 7&8           Kick right forward, step right together, step left in place
- 9-16          Repeat 1-8

## **IRISH HEEL/TOE TOUCHES (TWICE, RIGHT THEN LEFT)**

**Place hands on hips during next 16 counts (as per chorus line in "Lord of the Dance")**

- 17&18        Touch right heel forward, step right together, touch left toe together
- 19&20        Touch left heel forward, step left together, touch right toe together
- 21-24        Repeat 17-20

## **RIGHT FORWARD, SIDE, TRIPLE (RIGHT THEN LEFT)**

- 25-26        Touch right heel forward, touch right heel to side
- 27&28        Triple in place right, left, right
- 29-30        Touch left heel forward, touch left heel to side
- 31&32        Triple in place left, right, left

## **RIGHT STEP TO RIGHT, SLIDE, TURN ¼ SHUFFLE, STEP, PIVOT, SHUFFLE**

**(Remove hands from hips now)**

- 33-34        Step right to side, slide/step left together (clap)
- 35&36        Shuffle side turning ¼ right and step right, left, right
- 37-38        Step left forward, turn ½ right (weight to right)
- 39&40        Shuffle forward left, right, left

## **REPEAT**

**The biggest problem with this dance is fitting the music! The recommended track increases tempo, somewhat erratically. Start the dance at time: 1:06:50**