Homegrown

Count: 32  Wall: 4  Level: Improver
Choreographer: Rachael McEnaney (UK/USA) Jan 2015

Count In: 32 counts from when beat kicks in, begin on vocals Approx 105 bpm

Notes: On 9th wall the music goes slightly off phrase but I didn’t feel the need for a Restart so close to the end of the dance. Continue dancing, the steps STILL hit the music throughout, it is just on a different phrasing to the lyrics.

1 2  Step forward R (1), step forward L (2) 12.00
3 & 4 Step forward R (3), step L next to R (&), step forward R (4) 12.00
5 6  Step forward L (5), pivot ½ turn right (6) 6.00
7 & 8 Make ½ turn right stepping back L (7), step R next to L (&) step back L (8) 12.00
Easy option: step forward L (5), pivot ¼ turn right (6), cross L over R (7), step R to right (&), cross L behind R (8) don’t make the next ¼ turn right just step R to right (1) 3.00

1 2  Make ¼ turn right stepping R to right (1), cross L over R (2) 3.00
3 & 4 Rock R to right side (3), recover weight L (&), cross R over L (4) 3.00
5 6  Step L to left and sway hips left (5), sway hips right taking weight R (6) 3.00
Note: On the chorus you could accent the lyrics “arms around me” as you sway left swing R arm across body, as you sway right swing L arm across body.
7 & 8  Step L to left (7), step R next to L (&), step L to left (8) 3.00

[17 – 24] R cross rock, R chasse, L cross, R side, L sailor with ¼ turn L
1 2  Cross rock R over L (1), recover weight to L (2) 3.00
3 & 4 Step R to right side (3), step L next to R (&), step R to right side (4) 3.00
5 6  Cross L over R (5), step R to right side (6), 3.00
Cross L behind R (7), make ¼ turn left stepping R next to L (&), step forward L (8)
7 & 8  12.00

1 & 2  Kick R foot forward (1), step back R (&), touch L heel forward (2) 12.00
& 3 4 Step L foot in place (&), step forward R (3), pivot ½ turn left (weight ends L) (4) 6.00
5 & 6  Hitch R knee (5), step back R (&), touch L heel forward (6) 6.00
& 7 8  Step L foot in place (&), step forward R (7), pivot ¼ turn left (weight ends L) (8) 3.00

START AGAIN - HAPPY DANCING

End: The dance will end on count 24, instead of ¼ sailor make a ½ sailor to end facing the