

Up Down

Count: 32

Wall: 4

Level: Beginner

Choreographer: Laura Rittenhouse (AUS)

Music: Up Down (feat. Florida Georgia Line) - Morgan Wallen



Start after 32 beats

S1: 2 X STEP SCUFF FORWARD; ROCK FORWARD, TOE TAP, RECOVER

1,2,3,4 Step R fwd, Scuff L, Step L fwd, Scuff R
5,6,7,8 Rock R fwd, Tap L toe behind R foot, Recover on L, Touch R beside L

S2: VINE RIGHT & LEFT

1,2,3,4 Step R to R, Cross L behind R, Step R to R, Touch L beside R
5,6,7,8 Step L to L, Cross R behind L, Step L to L, Touch R beside L

S3: 2 X TOE STRUTS BACK; ROCK BACK, HEEL TAP, RECOVER

1,2,3,4 Step back touching R toe, Drop onto R heel, Step back touching L toe, Drop onto L heel
5,6,7,8 Rock back on R, Tap L heel in place, Recover on L, Touch R beside L

S4: TURN ¼ L ON REVERSE K-STEP WITH CLAP

1,2,3,4 Turn R to 1:30 stepping back on R to R diagonal (1:30), Touch L beside R & clap, Turn L to 12:00 stepping fwd on L to L diagonal (12:00), Touch R beside L & clap
5,6,7,8 Turn L to 10:30 stepping fwd on R to R diagonal (10:30), Touch L beside R & clap, Turn L to 9:00 stepping L to L diagonal (9:00), Touch R beside L & clap